

BRAIN DUMP

Write it all dōwn. Yōur future self will smile.

A large, rectangular writing area with a dark brown border. The interior is white with horizontal lines. The lines are grouped into sets of three: a solid top line, a dotted middle line, and a solid bottom line. There are 10 such groups of lines. The writing area is decorated with several small, colorful icons: a pink heart in the top left corner, a yellow star in the top right corner, a yellow star in the middle left, a yellow star in the middle right, a pink flower in the bottom right, and a pink flower in the bottom left corner. The background of the entire page is light yellow, decorated with various small, colorful icons (stars, hearts, dots) scattered around the writing area.